

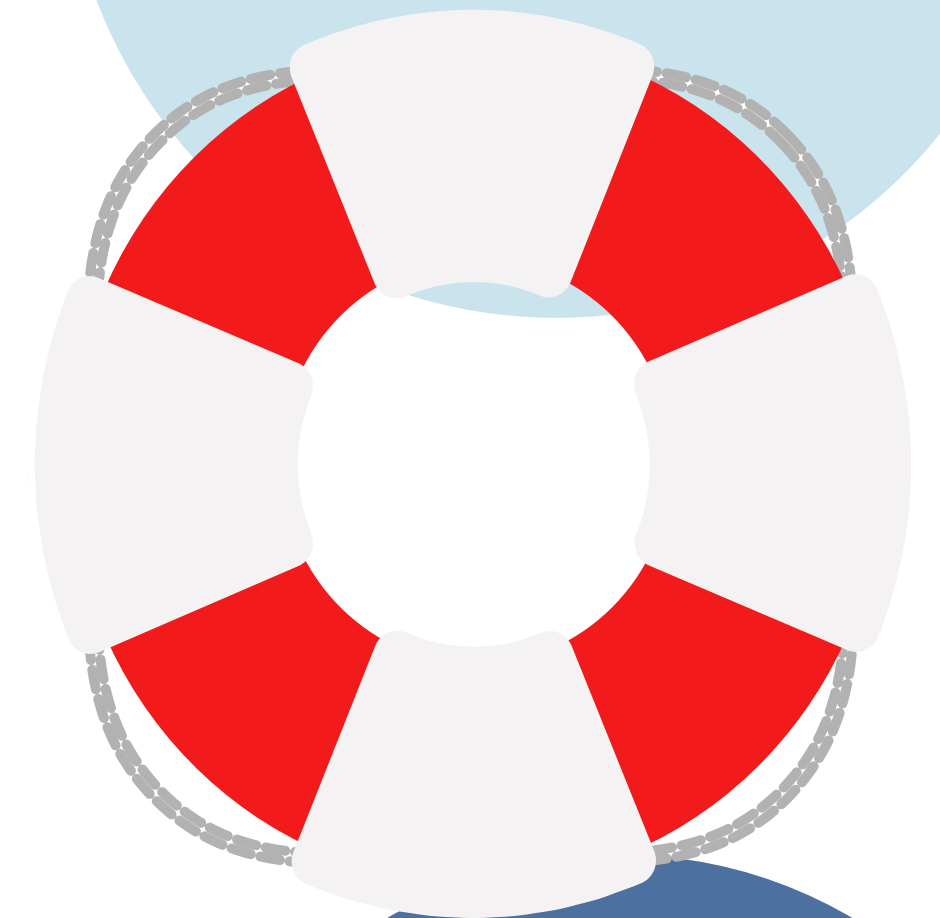
# Recreational Swim Times

All recreational swims are open to McMaster students and recreation members only. We encourage all members of the McMaster community to use the pool.

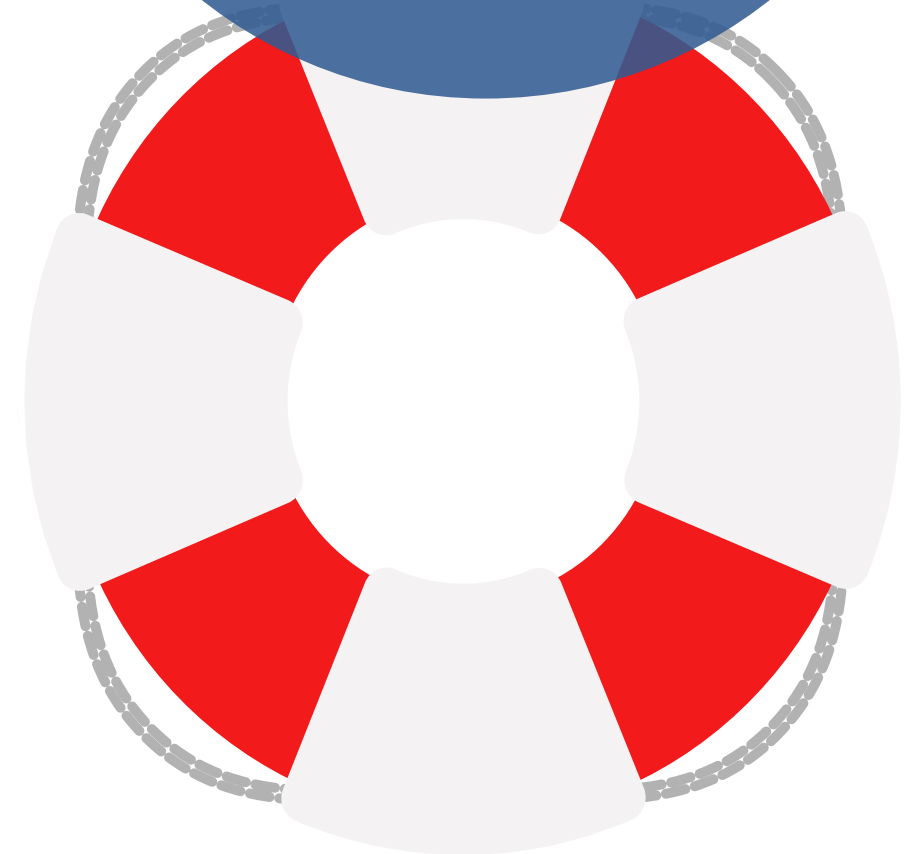
**Schedule in Effect:**

January 3rd, 2024  
to April 25th, 2024

<b>Monday</b>	7:30am - 8:30am 8:30am - 9:30am 11:30am - 1:30pm 4:30pm - 5:30pm 10:30pm - 12am	Shallow End Lengths Women's Only Swim Shallow End Lengths, Deep End Leisure Shallow End Lengths Deep End Lengths
<b>Tuesday</b>	7:30am - 9:30am 11:30am - 1:30pm 4:30pm - 5:30pm 10pm - 12am	Long Course Lengths Long Course Lengths Long Course Lengths (2 Lanes) Deep End Lengths
<b>Wednesday</b>	7:30am - 9:30am 11:30pm - 1:30pm 4:30pm - 5:30pm 11pm - 12am	Shallow End Lengths Shallow End Leisure, Deep End Lengths Shallow End Lengths Deep End Lengths
<b>Thursday</b>	7:30am - 9:30am 11:30pm - 1:30pm 4:30pm - 5:30pm 10:30pm - 12am	Long Course Lengths Long Course Lengths Long Course Lengths (2 Lanes) Shallow End Lengths
<b>Friday</b>	7:30am - 9:30am 11:30am - 1:30pm 4:30pm - 5:30pm 8:30pm - 10:30pm	Shallow Lengths Shallow End Lengths, Deep End Leisure Shallow End Lengths Deep End Lengths
<b>Sunday</b>	8pm - 10pm	Deep End Lengths



The Drop-in Recreation Swim schedule is subject to cancellation due to special events



Email [mcmasterpool@gmail.com](mailto:mcmasterpool@gmail.com) to be added to the cancellation list or download the **McMaster Recreation App** for up to date weekly schedules



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AQUATICS